CHSU
CALIFORNIA HEALTH SCIENCES UNIVERSITY

How to Access Mental Health Care Services

CHSU STUDENT

MENTAL HEALTH CRISIS EMERGENCY

DIAL 9-1-1

NON-EMERGENCY SUPPORT

CHSU-COM Behavioral Health Specialist
Lisa James, LMFT
ljames@chsu.edu
559-546-6019

AETNA SAP:

24/7 live individual counseling by licensed professionals.

(877) 351-7889

www.resourcesforliving.com

Username: CHSU

Access code: CHSU

NATIONAL SUICIDE PREVENTION HOTLINE:

24/7 free and confidential support for people in distress.

Call/Text 988

988lifeline.org

CENTRAL VALLEY SUICIDE PREVENTION LIFELINE:

(800) 273-8255

fresnocares.org